

Let's Beat the Bug!

Ntawv txog kab uas tom neeg saum txaj

- Cov kab no me npaum li lu noob txiv ev paum. Lawv kheej li vojvoog qe, muaj tawv xim liab-daj, thiab pluav heev.
- Cov kab no nyiam haus neeg cov ntshav. Txawm lawv tsis noj mov los lawv nyob kav txog ib xyoo. Cov kab no nyiam tuaj thaum yav tsaun ntuj xwb.
- Thaum cov kab no tom yus, tej tus neeg yuav tsis hnov mob thiab tsis muaj mob. Tabsis tej tus neeg muaj ib lub pob liab lossis tej zaum yus cov nqaij khaus khaus. Thaum yus mag tom, tej zaum ob peb teev lossis ob peb hnuv yuav dhau ua ntej yus cov tawv nqaij muaj mob.
- Yog koj xav tias koj muaj cov kab no nyob hauv koj lus tsev, soj ntsuam nrhiav cov kab no, lawv cov ntshav, cov qe, thiab lawv cov plhaub zeej.
 - Nrhiav cov chaw zaum thiab pw.
 - Nrhiav hauv yus lus txaj.
 - Nrhiav ntawm cov qhov hauv av (hauv plag tsev) thiab txhua chaw uas muaj qhov me.

Nco ntsoov hais tias cov kab uas tom neeg saum txaj me me, pluav, thiab ceev heev.

Yog koj xav kawm ntxiv txog cov kab no hus rau tus xovtooj 612-624-2200 lossis 1-855-644-2200, los mus rau peb daim vamsab hus ua bedbugs@umn.edu, www.bedbugs.umn.edu

Txoj kev tiv thaiv yus lub tsev kom tsis txhob muaj kab uas tom neeg saum txaj

Cov kab nkag tau hauv tsev hauv koj cov khaub ncaws, pam vov thiab rooj tog.

Yog koj xav tiv thaiv koj lub tsev kom tsis txhob muaj cov kab no:

- Tsis txhob nqa cov rooj tog los yog txaj koj nrhiav tau nraun zoov los rau hauv tsev.
- Xyuam-xim soj-ntsuam koj cov rooj tog seb puas muaj cov kab no. Yog koj yuav cov rooj tog uas xauj los yog qub lawm, koj yuav tsum yuav los ntawm ib lub chaw muag khoom nrog txoj ncai hu ua Bed Bug Prevention Policy. Txoj cai no piv tias lub lag-luam twb saib zoo zoo kom tsis muaj cov kab no ua ntej lawv muab muag rau yus. Yog koj xav paub ntxiv, nyeem daim ntawv "Puas yog kuv nrhiav taum ib tug kab uas tom neeg saum txaj"
- Tsis txhob tso hnav rau ntawm txaj los yog rooj tog kom cov kab no mus rau hauv tsis tau.



- Thaum koj mus txawv tej chaws, soj-ntsuam nrhiav seb puas muaj cov kab no nyob hauv koj lub chaw. Soj-ntsuam lub txaj, rooj tog, thiab koj lub phij-xab. Yog koj xav paub ntxiv, nyeem daim ntawv "Inspecting your Hotel Room for Bed Bugs"

- Nyob rau cov tsev xauj, foob cov phab ntsa kom ruaj kom tsis muaj qhov kom cov kab tawm tuaj tsis tau.
- Yog koj xav hais thiav koj lub chaw muaj cov kab uas tom neeg saum txaj, ntxhua koj cov khaub ncaws, los yog muab cov khaub ncaws nti hnav yas. Muab koj cov khau, cov hnav, thiab lwm yam khoom tshuab ziaib kom tshaj 20 feeb nrog cov cua kub kom cov kab tuag. Yog koj xav paub ntxiv, nyeem daim ntawv no "Ntxhua khoom kom tua cov kab uas tom neeg saum txaj."

By Amelia Shindelar and Dr. Stephen Kells, 2011

Translated by Yer Yang

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